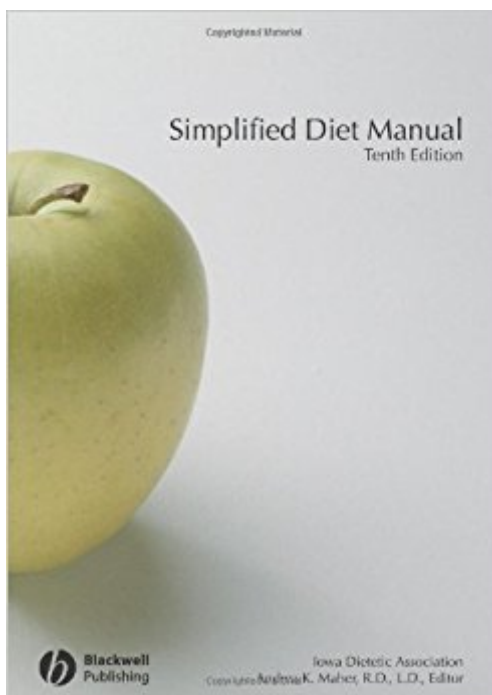


The book was found

Simplified Diet Manual



Synopsis

Hospitals and long-term care facilities in every state and many foreign countries use the Simplified Diet Manual to assist them in planning nutritious, appealing, and cost-effective meals that are modified to meet the dietary requirements of individuals with special health needs. While reflecting the dynamic nature of the field of nutrition, the Tenth Edition of the Simplified Diet Manual retains its basic purpose: providing easy-to-understand, fundamental nutrition guidelines for normal and therapeutic diets. The concise, user-friendly format of this useful resource helps dietitians and foodservice managers succeed in their vital role in maintaining nutritional health and well-being of clients in long-term care facilities, hospitals, and outpatient service centers. Changes to the Tenth Edition of the Simplified Diet Manual are many and include: Revision of the Guidelines for Diet Planning based on Dietary Guidelines for Americans 2005 and USDA's MyPyramid Update on Meeting Nutritional Needs of Older People, referencing the American Dietetic Association's position: Liberalization of the Diet Prescription for Older Adults Inclusion of National Dysphagia Diet tables (© 2002, American Dietetic Association) Addition of the Bariatric/Gastric Bypass Diet Addition of the Modified Renal Diet Addition of Food Allergies and Intolerances Revision of Exchange Lists for Meal Planning (© 2003, American Dietetic Association) Inclusion of study guide questions at the end of each chapter for training foodservice employees in health care facilities that are served by a registered dietitian or dietary consultant.

Book Information

Hardcover: 213 pages

Publisher: Wiley-Blackwell; 10 edition (January 23, 2007)

Language: English

ISBN-10: 0813818788

ISBN-13: 978-0813818788

Product Dimensions: 7.2 x 0.7 x 10.3 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.3 out of 5 stars 4 customer reviews

Best Sellers Rank: #948,155 in Books (See Top 100 in Books) #104 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy #357 in Books > Medical Books > Allied Health Professions > Diet Therapy #477 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition

Customer Reviews

â œBecause of the widespread reach of obesity on the American population, this volume will be useful in health care libraries and academic libraries with nursing or medical programs.â • (American Reference Books Annual, Vol. 39 (2008)) â œThis work is essential for those working in health care facilities dealing with children, the elderly, and those with special needs such as diabetes. It will be an essential purchase for health care libraries.â • (American Reference Books Annual, Vol. 39 (2008)) "This work is essential for those working in health care facilities dealing with children, the elderly, and those with special needs such as diabetes. It will be an essential purchase for health care facilities." (American Reference Books Annual , Vol 39)

"Well organized and easy to use. The Simplified Diet Manual contains a wealth of diet and menu planning information making it the ideal resource for general diets for all ages to dysphagia and liberalized diets for older adults."Â â "Carlene Russell, MS RD LD FADA, Iowa Department of Elder Affairs "The Simplified Diet Manual is kept up-to-date with its timely revisions. The therapeutic diets are scientifically based as well researched through the collaborative effort of registered dietitians. The Simplified Diet Manual challenges the practitioner working with older adults to carefully balance medical nutrition therapy with quality of life issues to achieve optimal nutrition outcomes."Â â "Dr. Christine Lindgren, Director of Medical Services, Iowa Veterans Home "Perhaps one of the most valuable additions to this book is the study guide questions at the end of each chapter, enabling the training of foodservice employees." Heather Gabb, Journal of Human Nutrition and Dietetics, Volume 20, Issue 5, p. 495, October 2007 "The content of the book is easily accessible to all readers, as concepts have been explained in a clear concise way." Heather Gabb, Journal of Human Nutrition and Dietetics, Volume 20, Issue 5, p. 495, October 2007 "I would recommend this book to any dietitian working in a hospital and long-term care facility and is an excellent reference book for the shelf of any dietetic department." Heather Gabb, Journal of Human Nutrition and Dietetics, Volume 20, Issue 5, p. 495, October 2007

For work

Our dietician recommended this book. It was in great shape. Hardly looked like it had been used. Perfect for what I needed. The price was right:)

great

We had order Simplified Diet 10th Edition, The State of Iowa requires ue to have one . We recieved it in a very timely manner. We didn't open it until last week to find out it was the 6th edtion. I realise we should of inspected the book when we recoeved it. My dietary supervisor makes out out menu's a month ahead so we didn't need it until the end of October.Last week she order the 10th edition which should arrive Nov. 2-3.Rosebush Gardens Assisted LivingMary Michelle Van Dolah
Administer

[Download to continue reading...](#)

Ketogenic Diet: Ketogenic Diet Mistakes to Avoid for Rapid Weight Loss (Ketogenic Diet for Weight Loss, Ketogenic Diet for Beginners, Diabetes Diet, Paleo Diet, Anti Inflammatory Diet, Low Carb Diet) HCG Diet: HCG Diet Plan: HCG Diet Cookbook with 50 + HCG Diet Recipes and Videos - HCG Diet for Beginners: HCG Diet Plan - Follow HCG Diet Plan (HCG ... HCG Diet for Beginners, HCG Phase 3) Ketogenic Diet: Ketogenic Diet Mistakes You Need To Know ****BONUS**** 30 Day Accelerated Fat Loss Meal Plan! (ketogenic diet, ketogenic diet for weight loss, ... diet, paleo diet, anti inflammatory diet) PALEO: Paleo Diet For Rapid Weight Loss: Lose Up To 30 lbs. In 30 Days (Paleo diet, Paleo diet for weight loss, Paleo diet for beginners, Diabetes diet, Ketogenic diet, Anti inflammatory diet) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Ketogenic Diet: The Best Diet For Rapid Weight Loss: Over 21 Recipes & Meal Plans Included (Ketogenic Diet, Seizure Diet, Anti Inflammatory Diet, High ... Diet, Epilepsy Diet, Paleo, Ketosis Foods) Paleo Diet: 1001 Best Paleo Diet Recipes of All Time (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo Diet Meals) Atkins Diet: Dr Atkins New Diet Revolution - 6 Week Low Carb Diet Plan for You (Atkins Diet Book, Low Carb Cookbook, Atkins Diet Cookbook, High Protein Cookbook, New Atkins Diet) ATKINS: Atkins Diet Disaster: Avoid The Most Common Mistakes - Includes Secrets for RAPID WEIGHT LOSS with the Low Carb Atkins Diet (Atkins diet, Atkins ... diet, Paleo diet, Anti inflammatory diet) The All New Atkins Diet: A Complete Guidebook For Balanced Carbs, Delicious Food, And Quick Results (atkins diet, low carb, mayo clinic diet, whole 30, ... diet, dash diet, paleo diet, weight loss) Paleo Diet: 365 Days of Paleo Diet Recipes (Paleo Diet, Paleo Diet For Beginners, Paleo Diet Cookbook, Paleo Diet Recipes, Paleo, Paleo Cookbook, Paleo Slow Cooker, Paleo For Beginner, Paleo Recipes) Paleo Diet: Paleo Diet For Beginners, Lose Weight And Get Healthy (Paleo Diet Cookbook, Paleo Diet Recipes, Paleo Diet For Weight Loss, Paleo Diet For Beginners) Dash Diet: Top 45 Dash Diet Slow Cooker Recipes Rich in Protein, Fiber, Magnesium, Potassium, And Calcium (Dash Diet, Dash Diet Slow Cooker, Dash Diet ... Slow Cooker Recipes, Dash Diet

Cookbook) Dukan Diet: The Truth About The Dukan Diet - All You Need To Know About The Dukan Diet For Effective Weight Loss And Fat Burn (Diet For Weight Loss, Low Carb Diet, Diet Recipes) Paleo Cookbook: The Ultimate Healthy Paleo Diet Recipes for Your Family (Paleo diet, Paleo Recipes, ancient diet, Paleolithic Diet, Low carb Diet, Ketogenic Diet) DASH DIET: The Dash Diet Simple Solution To Weight Loss - Includes Over 50 Dash Diet Recipes To Maximize The Weight Loss Process (Dash Diet, Dash Diet ... cookbook, Dash Diet weight loss Book 1) LOW CARB DIET: KETOGENIC DIET: 1000 BEST LOW CARB AND KETOGENIC DIET RECIPES (BOX SET): low carb cookbook, ketogenic diet for beginners, low carb diet for beginners, low carbohydrate diet, ketogenic Paleo Diet for Beginners: The Ultimate Paleo Diet Guide for Weight Loss (Paleo Diet Cookbook, Paleo Diet Recipes, Paleo Diet for Beginners, Rapid Weight Loss, Paleo Diet Meal Plan, Burn Fat) Ketogenic Diet: Beginners Guide For Rapid Fat Loss And Vitality (Ketogenic Diet For Beginners, Ketogenic Diet Meal Plan, Ketogenic Diet Mistakes, Low Carb Diet) South Beach Diet: South Beach Diet Book for Beginners - South Beach Diet Cookbook with Easy Recipes (Low carbohydrate Living - Low Carbohydrate Diet - Modified Atkins Diet 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)